

Strawberry Granola with Milk

Directions:

1. Open pouch and remove oxygen absorber.
2. Prepare in pouch or other suitable container.
3. May be prepared with Hot or Cold water.
4. Add 1 cup (8 oz) water to ingredients or fold / crease and fill pouch to "E-Z Fill Line" 5.
5. Stir well and enjoy.

Ingredients: Vanilla Almond Granola (Rolled Oats, Organic Whole Grain Corn Flour, Evaporated Cane Sugar, Canola Oil, Molasses, Sliced Almonds, Honey, Vanilla Flavor, Salt), IP Spray Dried Honey (Maltodextrin, Honey and Silicon Dioxide), Sweet Cream Powder, Nonfat Dry Milk (Grade A Pasteurized Skim Milk), Strawberry.

Contains: Tree Nuts, Milk.

Nutrition Facts

2 servings per container

Serving size

1/2 package (92g)

	Per Serving		Per Container	
	410		820	
	% Daily Value*		% Daily Value*	
Calories				
Total Fat	17g	22%	35g	45%
Saturated Fat	4.5g	23%	9g	45%
Trans Fat	0g		0g	
Cholesterol	20mg	7%	40mg	13%
Sodium	65mg	3%	130mg	6%
Total Carbohydrate	54g	20%	108g	39%
Dietary Fiber	5g	18%	9g	32%
Total Sugars	25g		49g	
Includes Added Sugars	14g	28%	29g	58%
Protein	9g		19g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	210mg	15%	419mg	30%
Iron	2mg	10%	4mg	20%
Potassium	501mg	10%	1001mg	20%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

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