

Spicy Sausage Bolognese

Directions:

1. Open pouch and remove oxygen absorber.
2. Prepare in pouch or other suitable container.
3. Add 1 3/4 cups (14 oz) boiling water to ingredients or fold / crease & fill pouch to "E-Z Fill Line" 8.
4. Stir thoroughly then seal pouch or cover.
5. Let stand 10-12 minutes; stir again & serve.

Ingredients: Pasta, Spiral (Ground durum wheat semolina, water, salt), Tomato Powder, Pork Sausage Crumbles (Pork, less than 2% Salt, Spices, Sugar, Sodium Phosphate), Potato Starch, Powdered Cooked Beef [Cooked beef and natural flavor (extract of Rosemary)], White Onion, Tomato Flakes, Corn Starch, Parmesan Cheese [(Partially Skim Milk, Culture, Salt, Enzymes) and Disodium Phosphate], Sugar Organic, Garlic Minced, Sea Salt, Garlic Granulated, Natural Flavor (Baker's Yeast Extract, Salt), Paprika, Oregano, Chives, Parsley, Basil, Natural Flavor (Baker's Yeast Extract, Salt), Black Pepper.

Contains: Milk, Wheat.

Nutrition Facts

2 servings per container

Serving size

1/2 package (78.5g)

	Per Serving		Per Container	
Calories	310		630	
	% Daily Value*		% Daily Value*	
Total Fat	8g	10%	16g	21%
Saturated Fat	1.5g	8%	2.5g	13%
Trans Fat	0g		0g	
Cholesterol	20mg	7%	45mg	15%
Sodium	440mg	19%	890mg	39%
Total Carbohydrate	47g	17%	94g	34%
Dietary Fiber	2g	7%	5g	18%
Total Sugars	12g		24g	
Includes Added Sugars	1g	2%	2g	4%
Protein	14g		28g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	103mg	8%	206mg	15%
Iron	2mg	10%	4mg	20%
Potassium	1235mg	25%	2470mg	50%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



0g TRANS FAT
PER SERVING

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Contains Bioengineered Food Ingredients

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