

Chocolate Mudslide

Directions:

1. Open pouch and remove oxygen absorber.
2. Remove and set aside Chocolate Crumb packet.
3. Add 1 cup (8 oz) cold water to ingredients or fold /crease & fill pouch to "E-Z Fill Line" 5.
4. Stir thoroughly then seal pouch and let stand 8-10 minutes or cover.
5. Sprinkle Chocolate Crumb packet over top & serve.

Ingredients: Fructose, Whole Milk Powder, Cocoa processed with Alkali, Oreo Basecake Grind [Unbleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate (vitamin B1), riboflavin (vitamin B2), folic acid), sugar, canola oil, cocoa (processed with alkali), invert sugar, leavening (baking soda and/ or calcium phosphate), salt, soy lecithin, chocolate, natural flavor], Corn Starch, Butter Toffee Peanuts [Peanuts, Sugar, Butter (Pasteurized Cream, Salt), Salt], Natural Chocolate Flavor Powder (Dextrose, Silicon Dioxide, Glycerine), Natural Vanilla Flavor Powder Encapsulated (Dextrose, Silicon Dioxide, Palm Oil), Sea Salt.

Contains: Milk, Peanut, Soy, Wheat.

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Nutrition Facts

1 serving per container

Serving size

1 package (142g)

	Per 1/2 package		Per serving	
Calories	280		570	
	% Daily Value*		% Daily Value*	
Total Fat	7g	9%	15g	19%
Saturated Fat	3g	15%	6g	30%
Trans Fat	0g		0g	
Cholesterol	10mg	3%	25mg	8%
Sodium	190mg	8%	380mg	17%
Total Carbohydrate	51g	19%	101g	37%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	33g		66g	
Includes Added Sugars	6g	12%	13g	26%
Protein	7g		14g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	135mg	10%	270mg	20%
Iron	5mg	30%	11mg	60%
Potassium	912mg	20%	1825mg	40%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

